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# KENTUCKY MOUNTAINEER.

Our Motto: Publish Every Item of News and Preach the Gospel of Salyersville.

The Mountaineer is for Salyersville first, Magoffin County next—Hills of Kentucky forever. We must co-operate for all.

VOLUME 2—NUMBER 37.

SALYERSVILLE, MAGOFFIN COUNTY, KENTUCKY, THURSDAY, OCTOBER 2, 1913.

WHOLE NUMBER 89.

## SPECIAL MAGOFFIN COUNTY TEACHERS' INSTITUTE EDITION—EDUCATIONAL ENTHUSIASM PREGNANT.

### DOINGS OF THE WEEK'S SESSION.

The 1913 session of the Magoffin County Teachers' Institute convened Monday, September 29, bringing to a focus the pent-up struggles to secure the service of an instructor. Notwithstanding the inclement weather, nearly all the county teachers answered to the roll call at the opening exercises. Some very excellent addresses were delivered by Ed Pendleton, D. D. Sublett, M. F. Patrick, S. S. Elam and Joseph G. Arnett.

Prof. Charles H. Lewis, the instructor, gave an opening address that aroused such a storm of interest and enthusiasm among teachers and educationalists that it cannot be adequately described. He "handled his words without kid gloves," to use a hackneyed expression, and fluently drove every utterance home to his listeners' hearts.

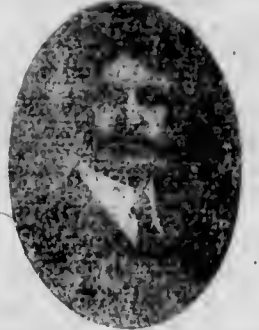
Very interesting discussions were made on the subjects of reading and spelling, and were entered into by instructor and teachers. Interesting talks were made by J. S. Adams, Parnell Picklesimer, Silas Fletcher, Willie Caudill and others. It was agreed that written spelling should be given a more important place in the course of study. In the discussion on reading it was agreed that more time should be given to the assignment of a lesson than to the recitation, and that a combination of the phonetic and word method was best in teaching reading.

A most enthusiastic discussion was given on the subject of domestic science in the schools. Miss Mary Willie Prentiss' talk was great, and the other teachers of the county would do well to sit up and take notice of what she is doing. Miss U. D. Howes also gave a splendid talk on sewing and cooking. She put up some excellent ideas in her address, and God bless the day when every teacher in Magoffin county must teach domestic science regularly. These enterprising young ladies have set a mighty example, and it is either laziness or ignorance or unpardonable indifference on the part of all other teachers who do not now strive to emulate them.

Tuesday night Prof. Lewis delivered a very inspiring talk on the agricultural and commercial prospects of Magoffin county. To realize any business accomplishments, he said, THE MOUNTAINEER, churches, schools, merchants, lawyers and all other institutions must labor in co-operation. He "handed out" some startling statistics concerning our production of corn, apples, etc. He especially recommended the growing of grapes in the county.

This is proving an invaluable institute. The evening exercises have been largely attended, and the lectures, recitations and songs are very interesting. The teachers' round-table plan is proving popular among our teachers as well as those of other counties this year. Surely this means a great awakening for us all. Let every teacher return to his throne with a double vim and determination to push dear old Magoffin county to front among others of the State. Be sure to read every article by our teacher-writers. Every one is very, very good.

### The Institute Instructor.



PROF. CHARLES H. LEWIS.

### NOTES EDUCATOR WRITES.

Dear Fellow Teachers: I am glad to know that the editor of THE MOUNTAINEER is a warm friend of education and that he is so sincerely interested in the cause of education. I most heartily thank him for allowing us space in the columns of our home paper. We need something of a better way than to advertise and let the public know of our existence. Our rights and duties are laid out in these columns and the great work that we do in the building of character, the kind that the Good Teacher of the world will have us build.

Any one who does not have wholeheartedness of freedom to do in his own way, and who is first to dream in, I wonder if you feel at home in the schoolhouse, putting life in cold facts and figures and agreeing that written spelling should be given a more important place in the course of study.

You have the material to teach the young man how to shoot. For a period of six months you will find no exercise of recreation and gardens of pleasure, no fountain of laughter and frolic of song, no heartening up for the tired child, no lot of rest for the weary mind. You have any sympathy for a lack of experience of the noble work in which you are engaged. The student's own choice is their own choice. You have the material to teach the young man how to shoot. For a period of six months you will find no exercise of recreation and gardens of pleasure, no fountain of laughter and frolic of song, no heartening up for the tired child, no lot of rest for the weary mind. You have any sympathy for a lack of experience of the noble work in which you are engaged. The student's own choice is their own choice.

The standard of education is higher than the old standards, and this requires that our methods should be superior to the old methods. We need to read for information and inspiration the works of Plato and Aristotle, Pestalozzi and Froebel, Page and Mann, McKee and Hall, Gurdy and Roark.

We must not think that we can become excellent teachers without effort, or that honorable distinction in our profession is the result of chance. There is no royal road to excellence in our profession any more than in any other department of professional life. Here the words of our beloved poet are just as true as in any other profession:

The heights by great men's footsteps led  
Were not attained by sudden flight;  
But they, while their companions slept,  
Were toiling upward in the night.

There is a glorious field of labor before us. We must enter it and reap the golden harvest. The

### CO-OPERATION AND WORK OF TEACHERS—PAPER IS IMPORTANT.

Co-operation is the art of working together to accomplish one result. The teachers in schools of our country should have one common desire and labor together to increase the knowledge of their pupils and train their minds so that they may apply the knowledge in the most effective way in life. It is the teacher's work to impart useful knowledge and thereby form within the minds and hearts of those taught right principles and motives of action that will lead them in the way of righteousness and to live lives of usefulness. Teachers are highly favored of God and, being thus favored, are very much more responsible than others, because of their position and influence over the younger people of our country. By laboring together the teachers may make the country anything they want it to be. If you will only think, and think in terms of truth, you will see that this is true. The Wise Man says, "Train up a child in the way he should go and when he is old he will not depart from it."

If teachers and parents would work together to train not only the mind, but the hand and heart as well, it would not be long until the good time would come of universal peace and prosperity would come. Teachers should have frequent meetings and discuss their work, giving each other the benefit of any new methods of teaching that might have been tried and found more effective than the old methods. These teachers' meetings could be made out of school and instructive to the community in which they are held, as well as to the teachers themselves.

A law has been passed that the teachers of Magoffin county buy a moving picture machine and exhibit among other scenes the historical, agricultural, geographical and commercial interests of the various counties. It would require some money to meet the expense of such an enterprise, but this could be collected without much effort if put into the hands of someone who understands the importance of such a work, so that the teachers and the people would understand the great good that would result. It is in the power of the teachers in our schools to lead in securing the very best reading matter for our people. Every school district should have a circulating library, to which should be added the up-to-date books each year. Then a person should be appointed in each district, or make it the duty of the trustee, to take care of and keep these books circulating among the people.

One other thing I want to suggest before I close my article. We have in our county a man

hills of Eastern Kentucky are abloom with opportunities; we must climb to the heights and pluck the flowers. Kentucky has proved in the past that we have the material of which statesmen are made; that upon our soil presidential timber has been grown. We are ruled by the same Great Ruler who sends us the same sunshine which warmed the hearts of great statesmen and our beloved president. We still have the same blood and it is our duty to prepare the rising generation to act well its part in the great drama of life, this lifting Kentucky to a higher plane of the right, the true and the good. Written for this edition by J. S. Adams, teacher of the Upper Mine Fork school.

### LEAVING TIME



THE MEN SOME OF THE INSTITUTE "BOYS AND GIRLS" WILL CARRY WHEN THEY HAVE TO LEAVE THE BRIGHT LIGHTS OF THE DEAR OLD TOWN SATURDAY!

### THE SCHOOL A SOCIAL CENTER.

The social question in any community is one that deserves attention. Too much stress is laid upon questions of minor importance. If we would have an intelligent and progressive community we must give it our consideration. Wisconsin is leading the States in the production of the bumpy crop today, and the fact is principally due to the manner in which the social questions are being handled. The standard of any community is judged and measured by the kind of society it has.

Too long has the country store been a loafing place for the men and boys where they meet and smoke cigarettes, spit tobacco juice, whittle on gourd boxes, engage in vulgar story telling and lecture on their neighbors. If there is to be a haven of social uplift in our rural communities, where must it be? Some say the church, but what have our churches of Magoffin county done to start the movement with the young people? The best place, in my judgment, is the schoolhouse—it is the center of the community. It is here where no race, no creed or party is upheld more than another. It is and must be the broad ground of a common brotherhood. The public school house must be used not only during the day, but in the evening and on Sunday.

In selecting the schoolhouse as a social center we are assured by some old moss backed fellows who are not up with the times. It is strange, but nevertheless it is true, that God still permits some people to live on this green earth—those who believe the school house should be open only from eight o'clock until four o'clock during the day, and this only for a few months during the year. What is a school house for if it is not for the uplift of people?

The big school houses are van-

whom we think will make us an up-to-date newspaper. THE KENTUCKY MOUNTAINEER is growing fast in the hands of Mr. Emin Elam. A good paper is one of the indispensable agencies for the development of our country. Let each teacher co-operate with Mr. Elam by taking THE MOUNTAINEER themselves, contributing to its columns and by soliciting others to take the paper. The getting subscribers will be an easy job when the attention of people is called to the improvements that are being made and will be made as rapidly as the money sent in will allow. Written for this edition by Rev. L. F. Caudill.

### THE TEACHER'S DREAM.



A REAL SORROW.

### Keep Bath Water Hot.

The usual objection to hot baths is that the bathwater takes cold unless it goes straight to bed as soon as it has dried himself. Otherwise, so they say, he goes on perspiring and takes a chill. Now this is due not to having hot a hot bath, but because the water was not hot enough when the bath was taken. Hot water has the same effect as cold in bracing up the sweat pores and preventing them from continuing to pour out unnecessary perspiration. Take warm water, on the other hand, leaves the skin lax and moist, and it is then that people are liable to chills. The best temperature at which to take a hot bath is 100 degrees Fahrenheit, or just below that. If more water is added afterward it should be hot, not cold, so as to maintain the temperature at the same level. With the aid of these precautions it will be found that dry-bathing is a simple process, and the skin is left in a delightful state without any undue perspiration to follow.

### Companionship in Solitude.

Solitude tries a man in a way society does not. It throws him upon his own resources, and if these resources be meager, if the ground he occupies be and of himself be poor and narrow he will have a sorry time of it. Hence we readily attribute some extra virtues to those persons who voluntarily embrace solitude, who live alone in the country or in the woods, or in the mountains and find it sweet. We know they cannot live without converse, without society of some sort, and we credit them with the power of invoking it from themselves or else of finding more companionship with dumb things than with ordinary mortals.—John Burroughs.

### Life's Ills and Compensations.

For everything you have missed you have gained something else. The whole story of earthly existence is one of compensations. Many a gift we craved and were denied held in its train ill which we were glad to have been spared. Many a sorrow that has darkened our way, though its memory may still remain bitter, has wrought some change of character or conditions that we would be unwilling to give up. The allotment of joys and griefs is more carefully measured than we are accustomed to think, and the lives of men more nearly equal.—Exchange.

### Don't Miss This.

If a woman has one daughter, who goes away, the Mrs. misses the Miss and the Miss misses the Mrs. If it is two daughters and both are away the Mrs. misses the Misses and the Misses miss the Mrs. If she has three daughters and two are at one place and one at another, the Mrs. misses the Misses and the Misses miss the Mrs. and the Misses miss the Mrs. and the Misses miss the Mrs. and the Misses miss the Mrs. and the Misses miss the Mrs.—Ladies' Home Journal.

### Testing the Upper Air.

By means of balloons the upper air has been tested to a height of nearly 19 miles in this country by the weather observers. During a recent remarkable flight the instruments used recorded a temperature of 70.4 degrees below zero at a distance of 12 1/2 miles above the earth. Wherever the sounding balloons have been used, whether in the equator or in northern latitudes, the records have shown that after six miles above the earth the temperature no longer drops rapidly as the instruments ascend, but at times becomes stationary.

### Institute Thots.

Like all other good instructors, Prof. Lewis can crack a joke to a queen's taste.

Say, teachers, has Prof. Lewis "larn't" you how to mutilate, no, prevarica—ah, we mean subjugate "sparkin'" in school?

Who wrote Poe's Psalm of Life?







KENTUCKY MOUNTAINEER.

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30 If y n

Things - Local

The pen of our local news is ably assisted by this

Mrs. J. S. has been

A child Carpenter

We have to omit some of the teachers' letters this week, as well as the program for Teachers' Association. They will appear next week.

Miss Phoebe Eam, who lives with the editor and family, is at Cannel City for a visit with her brother, Tony Eam, and other friends and relatives.

Prof. Knight is here with his Berea College extension work. He is giving some good lectures on health, agriculture, etc., in connection with stereopticon pictures. He is making a circuit of this community.

Mrs. N. J. Gardner, mother of Judge D. W. Gardner, and her daughter, Miss Mary, started to Lexington, Ky., yesterday and will be in the city for the night. Mrs. Gardner is the mother of the late Judge D. W. Gardner, who died in 1910. She is now 85 years old and is in good health.

## Notice.

The voters of Bloomington, precinct No. 5, are hereby notified that at the regular election, November 4, 1913, there will be a vote taken as to whether or not to be permitted to run at large. Adv-89. F. C. LACY, C. M. C.

## ADVICE TO THE PEOPLE.

At the foot of the mountains, we have a paper here; it is printed right in Salyersville and called THE MOUNTAINEER.

It is published for the people, the common people I mean; 'tis the spirit of Kentucky weekly that I have ever seen.

It is filled to overflowing with Magoffin county news; a brighter and better weekly was never seen before.

Let's all wake to our duty and this MOUNTAINEER increase; let's work to keep it going—we don't want it to cease.

So, hurrah! for Editor Eam, the associate editor, too, and to all the contributors! I'll say hurrah! for you.

Hurrah! for the advertisers who are not afraid to tell the people they have something they would like to sell.

And if you don't want to read it, you have a wife at home who makes the apple dumplings. She'll want to read it some.

So send in your subscription to the editor or to either one; you'll never regret the coming of THE MOUNTAINEER in your home.

GRANT HAMMOND.

Acknowledges Receipt of Payment, SWAMPTON, Ky., Sep. 13, 1913, Commonwealth Life Insurance Company, Louisville, Ky.

Gentlemen: As guardian of Alex, Fannie, Walter, Adam, George, Charlie, Bertha and Lucy Carpenter, the children of Mrs. Cassie Carpenter, deceased, I desire to acknowledge receipt thru your agent, Mr. H. F. Patton, of the sum of \$1,015.04, in full settlement of policy No. 6452, for \$1,000.00, on the life of Mrs. Cassie Carpenter.

The proofs of death in this case were prepared on September 9 and mailed to you from Swamton, and on September 19, four days later, I am in receipt of the full amount, including monthly dividends of \$15.01, and I want to thank you for the promptness with which you have handled this matter. Very truly yours, SAM CARPENTER, Guardian. Advertisement.

## ATTITUDE OF TEACHER TO PUPIL.

Not only should our great Commonwealth and country at large be proud of the teacher, the community in which he lives should hold him in high esteem. The teacher who is not at eight o'clock with his class at four o'clock, who smiles, whose whole soul, mind and body are bent on the life and whose appearance is as a beam of sunshine in a dark room is invariably securing golden results in the way of molding character for our future preachers, lawyers, bankers, statesmen, etc.

One of the most elevating traits of a school teacher is the beauty and grace of a sunny character. On the other hand the teacher who opens school with a frown, a pessimistic expression on her face has a rough and hardy set of pupils who are interested in school about as much as a hog is in a funeral meeting, and who never realize the pleasure of being in a busy, bustling, wide-awake school.

The pupil hates school work when they feel like they are being forced to study. Make them feel like they are your partners in delving down into the mysteries of their subjects and all is changed to pleasure and good will.

Then let us get out of the rut and partake of some of the pleasure. A frown hides the beauty of personal character and causes a freezing humidity in the atmosphere. A teacher who is happy and is blessed with a sunny spirit is a blessing, and the pupils are thrice blessed who are under her care.—Written for this edition by W. H. Cardui, teacher of Little Point School.

## Notice.

The voters of Grape Creek, precinct No. 12, are hereby notified that at the regular election, November 4, 1913, there will be a vote taken as to whether or not to be permitted to run at large. Adv-89. F. C. LACY, C. M. C.

## Too Much Athletics.

"As guardians of the public health, it is time for us to make a stand against this athletic craze," writes a medical correspondent. "The swinging of ponderous clubs and dumbbells, rowing heavy machines, pulling up weights, walking 15 or 20 miles a day chasing a golf ball, etc., are needless and injurious to anyone. As physicians, we prescribe moderate exercise for lymphatic and obese patients of torpid temperament, and a few indicated movements to straighten up a deformed spine or round shoulders, etc., but we are careful to guard against fatigue. Such exercise is a very different thing from the severe and senseless efforts required by teachers in gymnastics and exercise stunts."

"If people would live long and healthy," says the correspondent, "they should take their exercise under the advice of a common-sense physician. The wrenching of muscles, tendons, ligaments, joints, nerves and bloodvessels," he proceeds, "is giving us all kinds of puzzling conditions, traumatic neuroses, dislocated viscera, etc., traceable to overexercise. If we only knew where to look for it."

## Had Two Good Reasons.

Upton Sinclair said the other day in New York: "Everybody is jumping up and saying that poverty, bitter and grinding poverty, has nothing to do with making things go wrong. Well, for my part, I think that such assertions are too charitable toward modern social conditions, too charitable toward modern employers."

"Such charity reminds me of the young lady who asked: 'Did pretty Tottie Footlites marry the septuagenarian Gohsa Golda for love or money?'"

"For both," the young lady answered charitably, and she added, "Tottie loves money, you know."

## Peculiar Japanese Frog.

The Japanese frog is a creature measuring between fifteen and twenty-five inches. The skin of its back is pale, blue and by night looks dark green or olive brown. The frog remains motionless during the day, with eyes shrouded from the light and with belly up, clinging to its support by adhesive cushions and by its belly, which is provided with a sticky covering, and it is hardly distinguishable from the objects that surround it. At nightfall it begins its hunt for the grasshopper crickets on which it feeds, making leaps covering seven feet of ground.—Harper's Weekly.

## DEFINITION OF GOOD MANNERS.

No Writer Has Made a Clearer Statement of Them Than Thomas Nelson Page.

Manners, familiarly known as the pearl of manner, signify, in general, good behavior and polite deportment. In conforming to the usages of etiquette thus recognized, one need not copy the example of Lord Chesterfield, whose ambition was to be regarded as the worthiest man in England, as a mirror of politeness in the eighteenth century. Nor would any true American care to be like John Brumwell, later in the same century, famous as a member of fashionable society in London, where he was born, but died at the age of sixty-two, as an imbecile in civilization at a French asylum. One is apt to think of the Scottish politician, John Brown, for his happy way of utilizing spare hours in association with his colliery "Rat" and friends. But the good doctor's canine fellowship still left room in his heart to utter this terrible sentiment: "Etiquette, with all its bitterness and niceties, is founded upon a central idea of right and wrong." One more quotation shall suffice, and it is this from the pen of Thomas Nelson Page: "Whatever its form may be, and there are many forms, in which good breeding may present itself, so many indeed as are the incidents of social intercourse, whatever tends to put at ease the person one meets in good business, and whatever tends to the opposite is rudeness."

## JUST A MITE TOO STRENUOUS

Marie Corelli's Idea of Love Draws Forth Some Criticism From American Periodical.

If I loved a man I should love him so completely that I should never think of anything in which he had not the first and greatest share. I should see his kind looks in every ray of sunshine—I should hear his loving voice in every note of music—if I were to read a book alone, I should wonder which sentence in it would please him most—if I plucked a flower I should ask myself if he would like me to wear it—I should live through him and for him—he would be my very eyes and heart and soul.—Marie Corelli.

We want to thank you, Marie, for letting us know in time, but to be real candid we don't want to be loved your way; mighty few men do. It all reads beautifully, but most men don't like the same kind of books that your wives do. Most men hate to be sung to; and as for being the very eyes and heart and soul of any woman—not all the time. Even the best of us like to be left alone much of the time. When we marry we don't want to be strapped down to a horsepower love car. In a life endgame that two people need to know each other not too well. It takes a lot of water to keep Niagara going. A marriage such as you indicate, Marie, would run out of power in two or three weeks.—Life.

## Notice to Voters of Gifford Precinct.

The voters of Gifford, precinct No. 13, are hereby notified that at the regular election, November 4, 1913, there will be a vote taken as to whether or not stock be permitted to run at large. Adv-88. F. C. LACY, C. M. C.

"Mountain Lethe" is crowded out this week. The last installment will appear next week.

Gee whizz! nearly a hundred quarts of none of your business—was stolen the other night and we didn't get a smell. And we were sick, too.

## Property for SALE

High and Dry  
My property, containing  
6 Acres

one-fourth mile from Salyersville, up Burning Fork, is for sale.

Good House, Small Barn, Superb Scenery, High Ground

Close enough to Magoffin Institute

to educate your children. This is your one chance to get a home, with well, good young orchard, etc. Call on or write

J. S. WATSON, BARBER (IN BANK BUILDING)

## Headache

is one of the common symptoms of womanly trouble, and the cause has to be removed before you can rid yourself of it entirely. A medicine that merely kills pain, does not go to the root of the trouble, and kill the cause. What you need is a woman's medicine—one which acts directly, yet gently, on the womanly organs.

## TAKE

## Cardui

The Woman's Tonic

After having used Cardui, Miss Lillie Gibson, of Christman, Texas, writes: "About three years ago, I was just entering womanhood, and was sick in bed for nearly nine months. Sometimes I would have such headaches, and other aches, I could hardly stand. I tried Cardui, and now I am cured of all my troubles. I shall praise Cardui as long as I live." Cardui is the medicine you need. Try it. E-00

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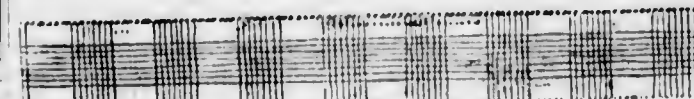
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GOODS ALWAYS FRESH

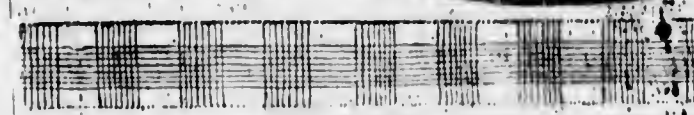


Go

PAPER

Do not be led by any one who tells you that a county can really enjoy prosperity without an up-to-date newspaper. THE KENTUCKY MOUNTAINEER has reached a standard of which no other county should be proud. We have more lively news and as much home advertising as any other mountain newspaper.

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